

POSITION SKILLS CHECKLIST - DEFENCE

In addition to mastering the fundamentals of the game, every player must know how to play various positions, which includes some skills common to all positions. This checklist includes those skills to be learned at the squirt level.

DIRECTIONS

1. Find one or two partners to work with.
2. Work together to practice each of the skills listed until you have mastered it to the point where you can use it in a game.
3. When you feel ready, have your coach check the skill and give you some feedback. As you master each skill, check it off in the "Mastered" column.
5. Some ways you can learn the skills are; from your coach, from another player, attend a clinic, watch a video; there are no restrictions. Continue working on your skills throughout the season, especially those that, "Need Practice".

POSITION SKILL	NEEDS PRACTICE	MASTERED
<u>GENERAL SKILLS (ALL PLAYERS)</u>		
- Basic positioning - 1st hitter - Sacrifice bunt - Steal of 2nd - Infield in - Infield deep		
- Territorial jurisdiction		
- Set position, awaiting pitch		
- Playing a fence		
- Shielding against the sun		
- Backing up a base		
- Covering a base		
- Tagging a runner at a base		
- Tagging a runner between bases		